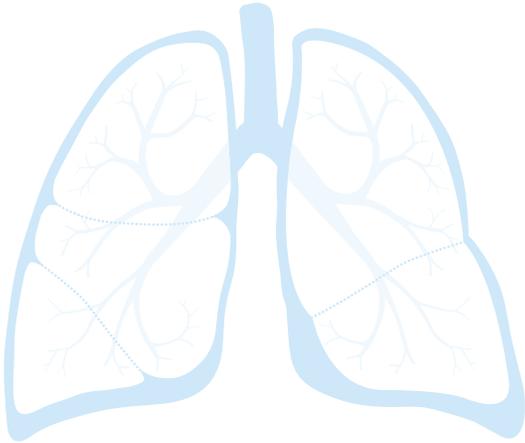


# Navigating Lung Cancer: What's Next?

**With the right information, you can be a more active participant in your healthcare decisions.**



Review the chart below to better understand the lung cancer journey; use the information to improve and inform your conversations with your doctor.

**DIAGNOSIS**

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**STAGE**

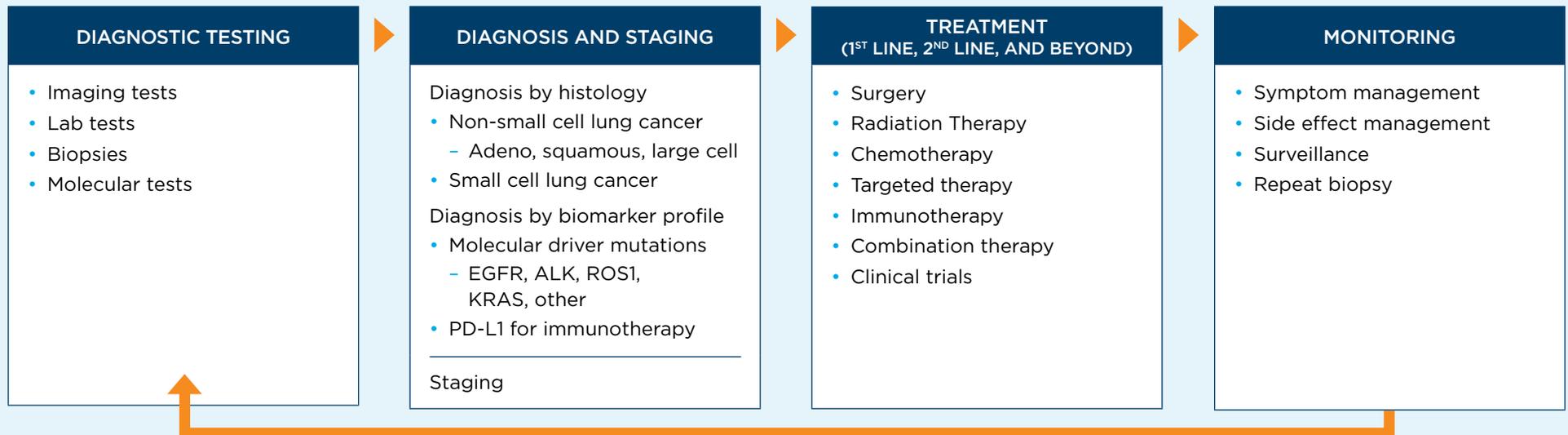
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**NOTES**

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## The Patient Journey: Where Am I?



## Questions to ask yourself

1. Do I need to work while undergoing treatment?
2. Do I have someone who can help me get to and from treatment?
3. Do I have someone who can provide practical help around the house?
4. Do I have someone who can help with care for my children or grandchildren?
5. What does “quality of life” mean to me?
6. Are there major life events that I would like to attend?

## Questions to ask your healthcare provider

### Diagnosis Questions

1. Should I get a second opinion, and how do I do that?
2. Will I have my tumor tested for molecular driver mutations?

### Treatment Questions

1. What is the goal of my treatment?
2. What are my treatment choices/recommendations?
3. To whom can I talk? Will I have a patient navigator or case manager?
4. What risks and side effects should I expect from my treatment?
5. What can I do to reduce the side effects of the treatment?
6. Whom do I call if I'm experiencing uncontrolled adverse effects after hours?
7. What would we do if my treatment doesn't work or if the cancer comes back?
8. Do I need pulmonary rehabilitation or physical therapy?
9. Will I need pain management?
10. What is palliative care, and how can I learn about services that may help me during and/or after my treatment?

### Clinical Trial Questions

1. What are clinical trials?
2. Should I think about taking part in a clinical trial?
3. Where can I find information about clinical trials?

### General Lifestyle Questions

1. How will the treatment affect my daily activities?
2. Will I be able to work during treatment?
3. Will I be able to travel during treatment?

### Financial Questions

1. Does my insurance cover this treatment?
2. Where can I find information about financial assistance?

### Resource Questions

1. Where can I find resources for lung cancer patients?
2. Are there local resources that help with rides to and from treatment?
3. Is there a local lung cancer support group meeting?
4. Can I get connected to others who have survived or are living with this type of cancer for support?

For information about lung cancer, resources, and support, go to [www.LUNGevity.org](http://www.LUNGevity.org).