Get Screened for Lung Cancer?

You are at high risk IF:

You are between 55 and 80 years old

AND

You are currently smoking or quit in the last 15 years

AND

You have a smoking history of at least 30 pack years*

*pack years = your average # of packs per day × # of years smoked

EXAMPLES:
1 pack a day × 30 years = 30 pack years
1.5 packs a day × 20 years = 30 pack years

Some people are at high risk for lung cancer. A test, or screening – called a low-dose CT scan – helps find lung cancer before there are symptoms. The low-dose CT scan has been proven to save lives by finding lung cancer early.

IF THESE GUIDELINES APPLY TO YOU, talk to your doctor or other healthcare provider about lung cancer CT screening.

IF THESE GUIDELINES DO NOT APPLY, but you still worry about your risk for lung cancer, talk with your doctor or other healthcare provider.

Based on the United States Preventive Services Task Force recommendation.
Adapted from materials of the Kentucky LEADS Collaborative.