

# Get Screened for Lung Cancer?

**You are at  
high risk IF:**

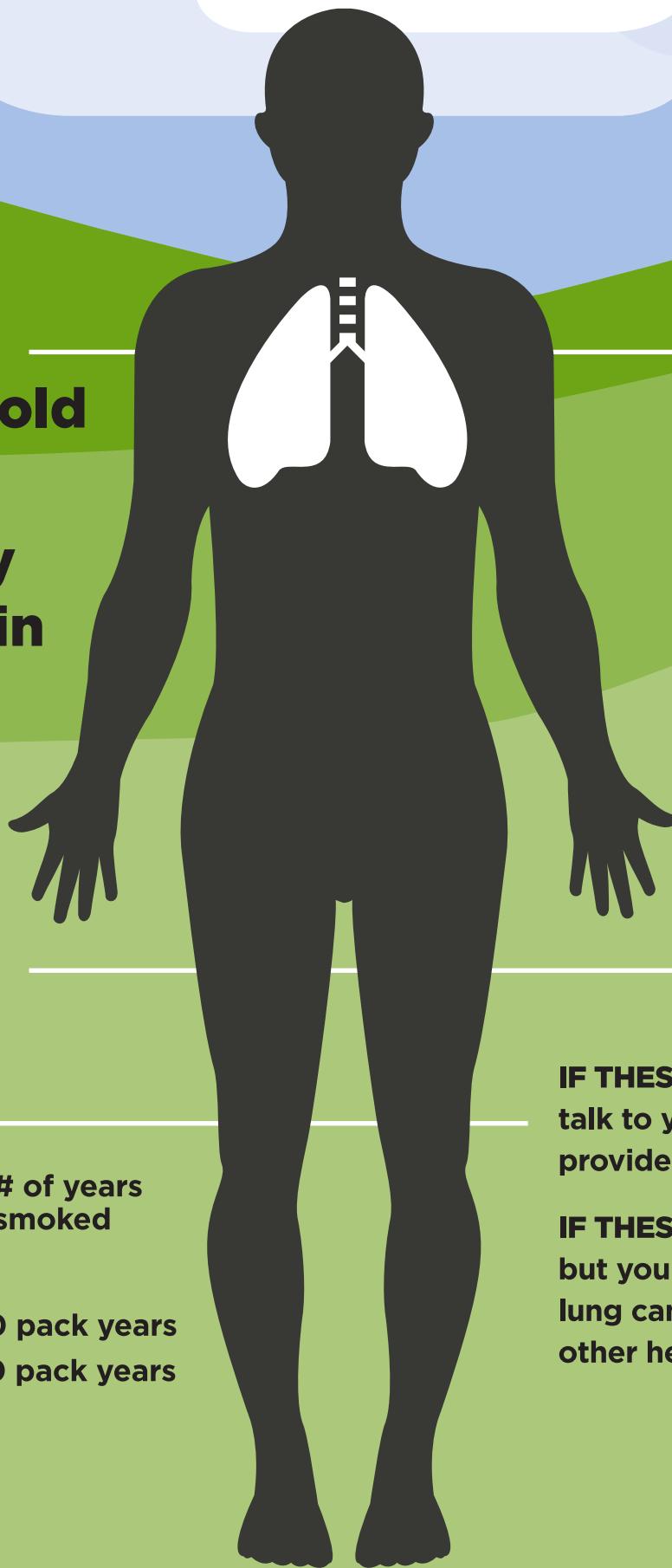
**You are between  
55 and 80 years old**

**AND**

**You are currently  
smoking or quit in  
the last 15 years**

**AND**

**You have a  
smoking history  
of at least  
30 pack years\***



**Some people are  
at high risk for  
lung cancer.**

A test, or screening – called a low-dose CT scan – helps find lung cancer before there are symptoms. The low-dose CT scan has been proven to save lives by finding lung cancer early.

**IF THESE GUIDELINES APPLY TO YOU,**  
talk to your doctor or other healthcare provider about lung cancer CT screening.

**IF THESE GUIDELINES DO NOT APPLY,**  
but you still worry about your risk for lung cancer, talk with your doctor or other healthcare provider.

**\*pack years = your average # of packs per day X # of years smoked**

**EXAMPLES:**

1 pack a day X 30 years = 30 pack years

1.5 packs a day X 20 years = 30 pack years



**LuCa**  
NATIONAL  
TRAINING  
NETWORK

Based on the United States Preventive Services Task Force recommendation.

Adapted from materials of the Kentucky LEADS Collaborative.